

# Mingles Café Lunch Menu – January 2025



**Whitby 55+ Recreation Services-** 801 Brock Street South, Whitby, ON

905.668.1424

Monday	Tuesday	Wednesday	Thursday	Friday
		Jan 1 <b>CLOSED</b>	Jan 2 <b>CLOSED</b>	Jan 3 <b>CLOSED</b>
<b>Jan 6</b> Breaded Fish Creamy Corn, Peas & Carrot Salad Potato Wedges Tomato & Rice Soup	<b>Jan 7</b> Thai Chicken Vegetable Stir Fry Coconut Rice Celery Soup	<b>Jan 8</b> Swedish Meatballs Peas Mashed Potatoes Chicken Noodle Soup	<b>Jan 9</b> Beef Pot Pie Garden Salad Scalloped Potatoes Spinach Lentil Soup	<b>Jan 10</b> Turkey Schnitzel Carrots Half Baked Potato Celery Soup
<b>Jan 13</b> Fish with Stir Fry Sauce Vegetable Stir Fry Rice Cream Corn & Chicken Soup	<b>Jan 14</b> Meat Lasagna Caesar Salad Garlic Bread Mushroom Soup	<b>Jan 15</b> Butter Chicken Peas & Carrots Yellow Rice Potato & Onion Tomato Soup	<b>Jan 16</b> Roast Beef Broccoli Diced Herb Potatoes Split Pea Soup	<b>Jan 17</b> Ham Steak Cauliflower Mashed Potatoes Broccoli & Cheese Soup
<b>Jan 20</b> Shepard's Pie Turnips Bacon Vegetable Soup	<b>Jan 21</b> English Sausage Cauliflower Mashed Potatoes Carrot Soup	<b>Jan 22</b> Chicken Pot Pie Garden Salad Scalloped Potatoes Tomato Soup	<b>Jan 23</b> Fish with Stir Fry Sauce Vegetable Stir Fry Rice Cauliflower Soup	<b>Jan 24</b> BBQ Chicken Drumstick Baked Beans Potato Wedges Pea Soup
<b>Jan 27</b> Breaded Chicken Coleslaw Potato Wedges Mushroom Soup	<b>Jan 28</b> Roast Beef Broccoli Mashed Potatoes Corn Soup	<b>Jan 29</b> Chicken Alfredo Caesar Salad Macaroni Squash Soup	<b>Jan 30</b> Cabbage Rolls Carrots Perogies Pea Soup	<b>Jan 31</b> Spaghetti with Meatballs & Tomato Sauce Green Beans Vegetable & Bean Soup

# Café Pricing

## Beverages

Tea	\$ 1.55
Coffee	\$ 1.55
White Milk	\$ 2.20
Chocolate Milk	\$ 2.20
Bottled Water	\$ 1.35
Canned Pop	\$ 1.35

## Desserts

Muffin/Tea Biscuit	\$ 2.40
Cookies	\$ 1.80
Cake/Pie	\$ 2.65
Tart/Pastry	\$ 2.65
Date Square	\$ 2.65
Sugar Free - Available	

## Sandwiches & Salads

Cold Cut Meat Sandwich	\$ 4.40
Egg Salad Sandwich	\$ 4.00
Tuna Salad Sandwich	\$ 4.40
Small Salad	\$ 2.65
Salad with Meat	\$ 5.55

## Hot Lunch Items

Soup	\$ 3.10
Lunch Plate (Main Course Only)	\$ 7.75
Lunch Combo (Soup or Salad, Main Course, Dessert, and Coffee or Tea)	\$ 8.85
Pre Order- Frozen Meals (Main Course Only)	\$7.75

## Hours of Operation

Monday to Friday from 9:00am – 2:30 pm  
Hot Lunch Items will be served from 11:30 am - 1:00 pm

**All Prices Include Tax, Cash Only**



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