

Mingles Café Lunch Menu – May 2024



Whitby 55+ Recreation Services- 801 Brock Street South, Whitby, ON
905.668.1424

Monday	Tuesday	Wednesday	Thursday	Friday
		May 1 Turkey Schnitzel Carrots 1/2 Baked Potato Potato & Leek Soup	May 2 Roast Chicken Legs Green Beans Fried Rice Bean & Vegetable Soup	May 3 Liver & Onions Turnips Mashed Potatoes Cream of Broccoli
May 6 Breaded Fish Coleslaw Potato Wedges Cream of Celery Soup	May 7 Salisbury Steak Cauliflower Mashed Potatoes Spinach Lentil	May 8 Mac and Cheese with Chicken Seasonal Salad Broccoli Chicken & Rice	May 9 2 Drumsticks Beets Rice Squash Soup	May 10 Beef Brisket Cabbage Mashed Potatoes Minestrone Soup
May 13 Shepherd's Pie Turnips Salad Bacon Vegetable Soup	May 14 Swedish Meatballs Peas Mashed Potatoes Cream of Barley Soup	May 15 Pork Schnitzel Cabbage Mashed Potatoes Carrot Soup	May 16 Spaghetti with Meat Sauce Seasonal Salad Garlic Bread Minestrone Soup	May 17 Ham and vegetable quiche Peas and carrot Potato & Leek Soup
May 20 CLOSED FOR VICTORIA DAY	May 21 Cabbage Rolls Mixed Vegetable Perogies Celery Soup	May 22 Roast Pork with Apples Squash Roast Potatoes Mushroom Soup	May 23 Meat Loaf Mix Veggies Mashed Potatoes Minestrone Soup	May 24 Meat Pie Garden Salad Mixed vegetable Broccoli & Cheese Soup
May 27 Spaghetti with Meat Balls Tomato Sauce Green Beans Mexicali Bean Soup	May 28 Breaded Chicken Coleslaw Potato Wedges Carrot Soup	May 29 Liver & Onions Turnips Mashed Potatoes Vegetable Soup	May 30 Ham and Vegetable Quiche Pasta Salad Split Pea & Bacon	May 31 Peri peri Chicken Legs Peas Brown Rice Cream Of Cauliflower

Café Pricing

Beverages

Tea	\$ 1.75
Coffee	\$ 1.75
White Milk	\$ 2.50
Chocolate Milk	\$ 2.50
Bottled Water	\$ 1.50
Canned Pop	\$ 1.50

Desserts

Muffin/Tea Biscuit	\$ 2.75
Cookies	\$ 2.00
Cake/Pie	\$ 3.00
Tart/Pastry	\$ 3.00
Date Square	\$ 3.00

Sandwiches & Salads

Cold Cut Meat Sandwich	\$ 5.00
Egg Salad Sandwich	\$ 4.50
Tuna Salad Sandwich	\$ 5.00
Small Salad	\$ 3.00
Salad with Meat	\$ 6.25

Hot Lunch Items

Soup	\$ 3.50
Lunch Plate (Main Course Only)	\$ 8.75
Lunch Combo (Soup or Salad, Main Course, Dessert, and Coffee or Tea)	\$ 10.00
Frozen Meals (Main Course Only)	\$8.75

Hours of Operation

Monday to Friday from 9:00am – 2:30 pm

Hot Lunch Items will be served from 11:30 am - 1:00 pm

All Prices Include Tax, Cash Only

