

Mingles Café Lunch Menu – November 2024



Whitby 55+ Recreation Services- 801 Brock Street South, Whitby, ON
905.668.1424

Monday	Tuesday	Wednesday	Thursday	Friday
				November 1 Breaded Fish Coleslaw Potato Wedges Carrot Soup
November 4 Chicken Stir Fry Vegetable Fried Rice Cream Corn & Chicken	November 5 Meat Loaf Carrots Mashed Potatoes Chicken & Rice Soup	November 6 Cabbage Roll Mixed Vegetable Perogies Celery Soup	November 7 Butter Chicken Peas & Carrots Yellow Rice Potato & Onion Tomato Soup	November 8 Ham and Vegetable Quiche Pasta Salad Split Pea & Bacon Soup
November 11 Beef Pot Pie Green Beans Spinach Lentil Soup	November 12 Breaded Fish Coleslaw Potato Wedges Carrot Soup	November 13 Meatballs Peas Mashed Potatoes Tomato Soup	November 14 Chicken with Cream Sauce Broccoli Penne Pasta Cream of Vegetable Soup	November 15 Roast Beef Green Beans Mashed Potatoes Tomato Soup
November 18 BBQ Chicken Drumstick Baked Beans Potato Wedges Celery Soup	November 19 Pork Schnitzel Broccoli Mashed Potatoes Pea Soup	November 20 Cabbage Roll Mixed Vegetable Perogies Minestrone Soup	November 21 Spaghetti with Meat Sauce Seasonal Salad Garlic Bread Potato & Leek Soup	November 22 Ham Steak Cauliflower Mashed Potatoes Broccoli & Cheese Soup
November 25 Turkey Schnitzel Carrots 1/2 Baked Potato Squash Soup	November 26 Salsbury Steak Cauliflower Dice Herb Potatoes Spinach Lentil Soup	November 27 Roast Beef Peas Mashed Potatoes Mushroom Soup	November 28 Roast Chicken Legs Beets Rice Vegetable Soup	November 29 Breaded Chicken Coleslaw Potato Wedges Carrot Soup

Café Pricing

Beverages

Tea	\$ 1.75
Coffee	\$ 1.75
White Milk	\$ 2.50
Chocolate Milk	\$ 2.50
Bottled Water	\$ 1.50
Canned Pop	\$ 1.50

Desserts

Muffin/Tea Biscuit	\$ 2.75
Cookies	\$ 2.00
Cake/Pie	\$ 3.00
Tart/Pastry	\$ 3.00
Date Square	\$ 3.00
Sugar Free - Available	

Sandwiches & Salads

Cold Cut Meat Sandwich	\$ 5.00
Egg Salad Sandwich	\$ 4.50
Tuna Salad Sandwich	\$ 5.00
Small Salad	\$ 3.00
Salad with Meat	\$ 6.25

Hot Lunch Items

Soup	\$ 3.50
Lunch Plate (Main Course Only)	\$ 8.75
Lunch Combo (Soup or Salad, Main Course, Dessert, and Coffee or Tea)	\$ 10.00
Pre Order- Frozen Meals (Main Course Only)	\$8.75

Hours of Operation

Monday to Friday from 9:00am – 2:30 pm
Hot Lunch Items will be served from 11:30 am - 1:00 pm

All Prices Include Tax, Cash Only



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