

# Whitby 55+ Recreation Advisory Committee (2024)



## Meeting Minutes

Friday, May 10, 2024 – 9:00 am

Location: Boardroom, 55+ Recreation Centre, 801 Brock St. S

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**Present:** Lise Watt, Joanne Smith, Sharon Bagatto, Lena Ebrekdjian, Lynda Kruitz, Susan Lythgoe, Mary Poirier, Mayor Elizabeth Roy, Kim Evans, Roz Puddester

**Regrets:** Jane Hilton

### Presentations:

- Kristin Palilionis, Climate Change Coordinator, Town of Whitby
- Christopher Baker, Durham Region Transit Ambassador

1. **Approval of Agenda:** moved by Lynda
2. **Approval of Minutes from Previous Meeting:** moved by Sharon
3. **Business Arising** (Action items from previous minutes) Joanne shared correspondence received praising Volunteer Appreciation Night by members.
4. **New Business**
  - a. **Supervisor's Report** (Supervisor)
    1. **Staffing update:** Summer Student Micaela is returning next week. Anne Gosling is retiring from the Front Desk on Friday May 24. The posting is up now for the Grant Coordinator.
    2. **Thank you card** from this committee to be done for former choir group for taking the time to sort through the sheet music which was auctioned off.
    3. **Letter of Support** needed to create an accessible canoe/kayak launch at the Gordon Street boat launch. This Committee will support the initiative.
  4. **Seniors Month**
    - a. "Unsyncable" Movie (Friday, May 31 from 2-3:30pm)
    - b. Art Show at Whitby Public Library (June 1- 30)
    - c. Play In Whitby Day (Saturday, June 8 from 10am-3pm)
    - d. Meet the Artists at Whitby Public Library (Friday, June 14 at 11:00 am)

- e. Elder Abuse Prevention Awareness Day (Friday, June 14)
  - f. 55+ BBQ (Friday, June 21 form 10am – 2pm)
  - g. Fraud Seminar (Wednesday, June 26 10:00-11:30 am)
5. **Mobile Market** (Fridays May 24 – October 11 1:30 – 3:00 pm): Friday June 7 will be the official opening with Jeannette providing live music and refreshments will be available.
6. **55+ Survey**: A summary version of the results was shared. 30% of members responded which is statistically relevant and validates the results.
- a. Technology classes – to be developed by Grant Coordinator, maybe have college/university students teach some sessions to get volunteer hours
  - b. Fitness classes – considering bringing back Saturday morning classes but must be financially feasible. Taunton Mills is still interested in partnering to give us space for evening classes when there is more parking available. We will have space in the new Whitby Sports Complex. The Abilities Centre is reaching out to re-partner with 55+ -- this is being explored.
  - c. More workshops – arthritis prevention and management, managing stress, anxiety and depression, nutrition, weight management, falls prevention, exercise education, diabetes education, fashion, cooking.
  - d. Meet and make friends - social activities, board games nights, hockey nights, choir – Sharon considered volunteering to lead a choir or sing-a-long,
  - e. Accessibility and Inclusion – to be further considered to improve accessibility and inclusion in programming
  - f. Breakfast items at Mingles Café
7. **Committee pictures**: Updated pictures of this Committees' members to be done as soon as possible. It's Important for our members to see that it's their peers who are on the

Board.

## 8. Terms of Reference Review

- a. 2.1 keep it more general, more flexible so continual updating will not be required
- b. 2.2 expenditures – has evolved, remove word “all’ expenditures” large items will be reviewed with this Committee
- c. 4.4, 4.4.1, 5.3 remove “secretary” as the 55+ Clerk now serves that role, “secretary” to be removed throughout
- d. 6 change “desire to participate” to “do participate” in programs at 55+
- e. 8.1 continue to have no Committee meetings in July and August
- f. 2 year term for Committee member remains as is
- g. 9.1 remove, this is done on a regular basis. Send out a separate eblast to present the Committee to the membership
- h. Move from election to application process for Committee members. The Chair, Vice Chair and Manager will do the interviews. Use a scoring system for applicants, results will be presented to the Committee. Final choices will still go to Council for approval. Clerks Department to clarify and provide input on this potential change to process.
- i. Committee members are eligible for 2 terms automatically. A second term can be served but that is the maximum. If an additional term is wanted, that person goes into the application process for consideration.
- j. 11.1 to be expanded to clarify
- k. 11.2 not required for complaints

### b. **Other** (Members)

#### 1. **Sub-Committees**

- a. Program Committee: (Ashlyn, Cathy, Lise, Joanne)

- i. Convenors Meeting in the Fall
    - b. Special Events Committee (Ashlyn, Jessica, Lise, Joanne, Mary, Sharon, Lena, Lynda, Susan)
      - i. Review of Events:
        - a. Volunteer Appreciation (Thursday, April 18) event was well done, small issue with incorrect menu items being provided. There seemed to be a rush for guests to leave after speeches. Next year push speeches back so people stay longer. Have a welcome speech, then time for mingling, followed by speeches and presentation of MSVA. Do door prize draws but people must be present to win.
      - ii. Upcoming Events:
        - a. Spring Social (Friday, May 24) 6:30-8:30pm – event full
        - b. “Unsyncable” Movie (Friday, May 31) 2:00-3:30pm
        - c. 55+ Extravaganza (Friday, June 21) 10am-2pm – first planning meeting has taken place. Sign-up sheet passed around for Committee members for event assistance. Rotary Club will be helping on event day. Lynde House will be assisting with volunteers in Victorian costumes.
  - c. New Members Committee (Kim, Roz, Lise, Mary)
    - i. New dates: Last Wednesday of each month from 10-11:30am in the Boardroom at 55+ (except July/Aug/Dec)
    - ii. Wednesday, May 29 10-11:20am – Lise & Mary
    - iii. Wednesday, June 26 10-11:30am – Mary &

Lynda

- iv. Wednesday, September 25 10-11:30am TBD
  - v. Wednesday, October 30 10-11:30am TBD
  - vi. Wednesday, November 27 10-11:30am TBD
  - d. Nominations Committee (Kim, Roz) TBD
    - i. Goal – to help recruit new volunteers for Committee
    - ii. Upcoming terms ending December 31, 2024: Sharon, Jane, Mary, Joanne, Lise
  - e. Sustainability Committee (Sheri, Roz, Jane, Mary)
    - i. Earth Day Event Review – 6 participants. Not a lot of garbage to pick up at Peel Park. Nice morning, made new friends.
    - ii. Monthly Eblasts – Earth Edition is well done.
5. **Council Update** (Mayor Roy): Mayor Roy updated Committee on items being discussed at Council.
6. **Community Information Sharing** (Members):
- a. Ontario Tech Age-Friend University – has public lectures
  - b. Station Gallery – May 11 to June 22 – Durham College Juried Exhibition; June 6 to August 29 – Thursday Night Live
  - c. World Elder Abuse Awareness Day – June 15 Age with Attitude
7. Action Item Review/Next Meeting: Friday, June 14, 9:00am at the 55+ Recreation Centre, Boardroom. Jane Hilton to provide snack.
8. Adjournment: 11:23 am